

Elements

LIMITED MENU

APPETIZERS

- Fried Chicken Wings, Bone-In or Boneless 10
Thai Chicken Nacho 10
Chicken Nachos 9

FULL 12.5, HALF 9.5 SALADS

ELEMENTS

Crispy chicken, bacon, tomatoes, cucumbers, egg, shredded cheddar jack cheese, and mixed greens

CHINESE CHICKEN

Grilled chicken, cilantro, green onion, mandarin oranges, toasted almonds, fried won-tons, napa cabbage, and mixed greens

WINFIT

RIVER BOWL 9

Grilled chicken, brown rice, black beans, spinach, green onion, avocado, cilantro, sesame seeds, and feta cheese.
Served w/ peanut and diosa sauces
sub steak \$3

*TOP SIRLOIN 12

6oz top sirloin served with seasonal vegetables and choice of rice pilaf or side salad

WILD SALMON 10.5

4oz grilled salmon served with seasonal vegetables and choice of rice pilaf or side salad

DESSERTS 8

TURTLE CHEESECAKE

PECAN CARAMEL BROWNIE - ALA MODE

CARROT CAKE

5-LAYER CHOCOLATE CAKE

ENTRÉES

All entrees come with an Elements house salad or soup and choice of two sides
Side Options: baked potato, garlic mashed potatoes, rice pilaf, sautéed seasonal vegetables, broccoli, and green beans

*RIB EYE 24.5

12oz choice cut rib eye topped with your choice of rosemary balsamic reduction or a rosemary butter compote Add on fried shrimp or shrimp scampi \$4

*PRIME RIB

8oz \$18.5, 12oz \$22.75, 16oz \$26.75

PASTA

*CHICKEN FETTUCCINE ALFREDO 15

Grilled chicken cutlets served with house made alfredo sauce and fettuccine pasta

add mushroom \$2

sub shrimp \$4

SOUPS CUP 4, BOWL 7

SOUP OF THE DAY

HOUSE SOUP

SANDWICHES & MORE

Choice of fries, tater tots, or onion rings

FRENCH DIP 13.5

Shaved choice angus beef served with swiss cheese on a ciabatta roll served with house made au jus

BLACK JACK CLUB 12

Oven roasted turkey, black forest ham, bacon, aged cheddar, green leaf, tomato, red onion, and classic mayo on your choice bread

*PLAYERS CHOICE BURGER 13

Served with bacon, tomato, onion, pickle, green leaf lettuce, and your choice of cheese

PUB FISH & CHIPS 16

Beer battered halibut served with house made coleslaw and tartar sauce

DAILY SPECIALS

THURSDAY - 5 FOR \$5 TACOS

FRIDAY - PRIME RIB

SATURDAY - CREATE YOUR OWN PASTA

SUNDAY - SUNDAY BRUNCH

* Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.